



Healthcare and Support for Seniors at Home.



*If you or someone you know needs reliable in-home help,
daytime programs or coordinated health care in order to stay at
home and as independent as possible — then call us.*

303.869.4664

www.totallongtermcare.org

"Thank heavens for Total Longterm Care! Without it, our daughter could not go to work, knowing that I am well cared for while she is gone."



Rehab and Equipment

Prescriptions and Over the Counter Medicines

Inpatient Hospitalization

Trans

"Without Total Longterm Care my mom would probably be in a nursing home. They provide and coordinate everything she needs. Most of all, Total Longterm Care gives me peace of mind."

Family/Spouse Services

- Respite Care and Caregiver Education

Adult Day/Health Center Services

- Physician On-Site / Medical Supervision
- Nursing Care
- Rehabilitative Therapies (P.T., O.T., Speech)
- Rehab Equipment
- Meals
- Nutritional Counseling
- Social Work
- Personal Care
- Recreational Activities/Exercise
- Adult Day Program
- Transportation
- Education for Participants/Families
- Mental Health Counseling



The mission of Total Longterm Care is to enable frail individuals to live with dignity in their communities.

Advantages of Total Longterm Care

- Complete, coordinated healthcare for the participant
- Ongoing preventive healthcare
- Health needs monitored by the Interdisciplinary Team
- Caregivers and family members receive support and relief
- Seniors stay in their communities and as independent as possible
- Team of experts plan participant's care

For Details Pleas



Healthcare and support for seniors at home.®

Program Description

Total Longterm Care is a non-profit health and supportive services program. It helps frail people stay as independent as possible and in their own homes and communities.

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Program Eligibility

Participants must be:

- At least age 55
- Able to live in the community safely
- Have specific longterm care needs
- Live in one of the target zip codes (listed below and shown on map on other side)

Program Cost

We welcome both Medicaid and self-pay. If you are eligible for Medicaid, Medicaid pays for the program. Total Longterm Care helps applicants with the paperwork and Medicaid forms. Ask about the self-pay rate if you are not Medicaid eligible.

Participants must live in one of the following zip codes

Denver County

80202	80203	80204	80205	80206	80207
80209	80210	80211	80212	80216	80218
80219	80220	80221	80222	80223	80224
80230	80231	80235	80236	80237	80238
80239	80246	80247	80249	80123	80014

Adams County

80010	80011	80020	80021	80022	80030
80031	80045	80229	80233	80234	80241
80260					

Arapahoe County

80012	80013	80014	80017	80110	80120
80121	80122	80123	80128 ²	80247	80113

Jefferson County

80002	80003	80004	80005	80033	80127 ¹
80128	80214	80215	80226	80227	80228
80232	80401 ³	80403 ⁴	80465		

¹ East of C470

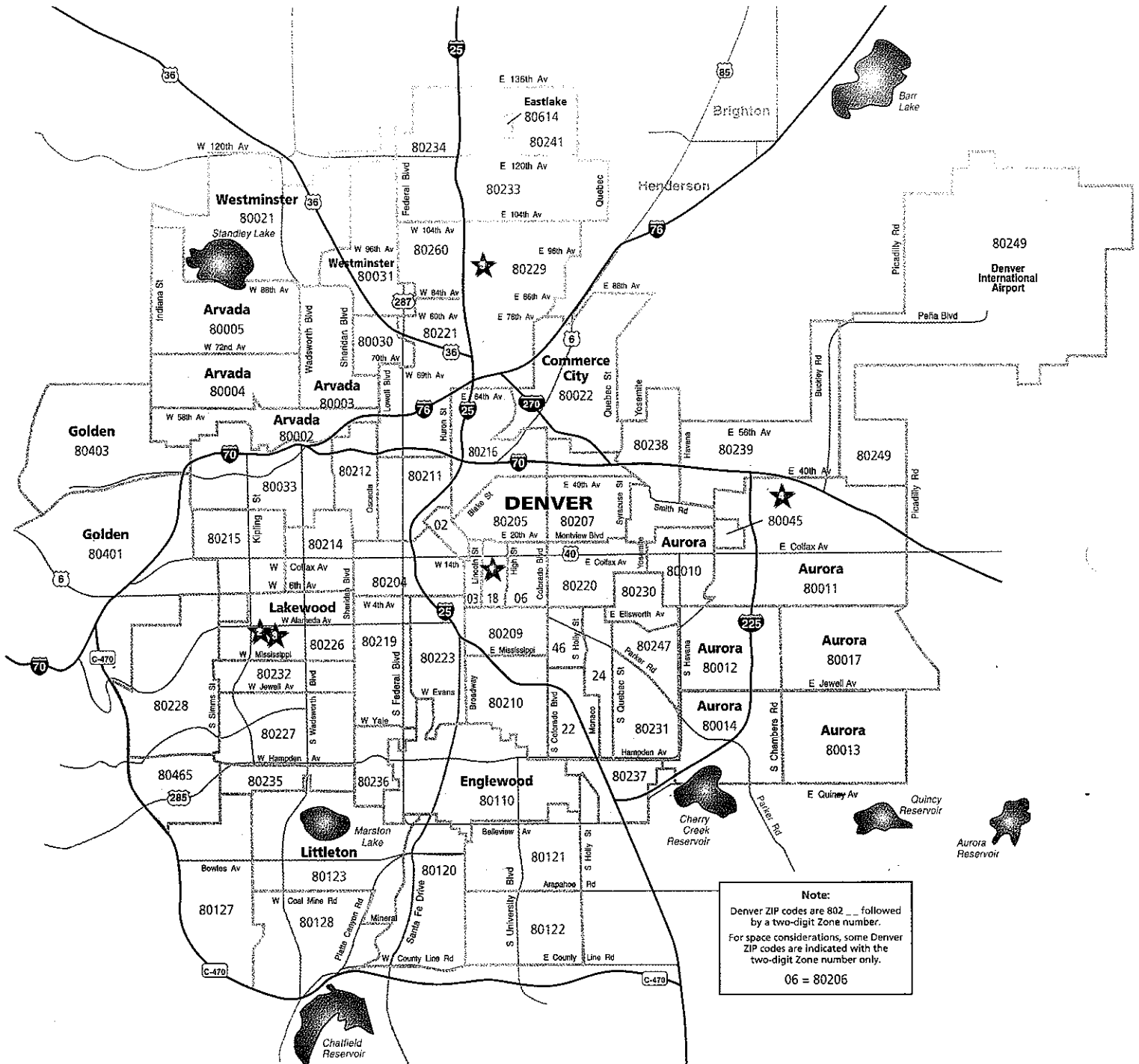
² North of C470

³ East of highway 93 and North of Colfax, East of C470 – South of Colfax, East of 6th Ave.

⁴ East of highway 93, South of 64th Ave.

This map shows the Total Longterm Care services area and the locations of the Day/Health Centers.

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Capitol Center
200 East Ninth Avenue
Denver, CO 80203
Phone: 303.894.0144



Cody Center – West
8405 West Alameda Ave.
Lakewood, CO 80226
Phone: 720.974.5400



Cody Center – East
8405 West Alameda Ave.
Lakewood, CO 80226
Phone: 720.974.5401



Chambers Center
3551 Chambers Rd.
Aurora, CO 80011
Phone: 303.375.0649



Pinnacle Center
550 E. Thornton Parkway
Thornton, CO 80229
Phone: 303.327.1189

Overview

Participant & Family

Longterm Care Team

Participant

Primary Physicians

Outpatient Services

including Lab, X-ray,
Surgery, etc.

Assisted Living

Specialty Physicians

Nursing Home Care

Professional Services

- Dentistry + Dentures
- Optometry + Glasses
- Audiology + Devices
- Podiatry

Home Care Services

- Chore Services
- Personal Care
- Homemaker Services
- Skilled Nursing
- Portable Meals

Total Longterm Care provides, coordinates and supervises all of the services that are offered.



Team Members' Roles

- Coordinate all health care services
- Assess participants' needs regularly
- Develop, monitor and change as needed each participant care plan
- Provide direct services to participant
- Coordinate outpatient services (lab work, X-rays, etc.) and inpatient hospitalizations
- Contract with specialty physicians and providers
- Support community-based living with assistance

Service Overview

A care plan is created for each participant in the program. The Total Longterm Care team works with the participant and family to create services based on the participant's needs. Participants are regularly checked and the care plan updated when needed.

Call 303-869-4664

Support for Family Caregivers

Total Longterm Care offers help for caregivers who need a short break from their responsibilities. Respite care is available. Please ask your social worker for more information.

Total Longterm Care History

The Program of All-inclusive Care for the Elderly (PACE) is a unique system of care for frail people. By providing health care, in-home services, and day programs, PACE helps individuals stay in their own homes and communities. There are PACE programs throughout the United States. Total Longterm Care was established in 1991 as Colorado's first PACE provider.

Seven Reasons to Participate in Total Longterm Care:

- No hidden costs
- Prescription medicines
- Transportation
- Rehabilitation therapies and equipment
- Eyeglasses, Hearing Aids and Dentures
- Coordinate all healthcare services
- In-home services

How Much Does it Cost?

If a person is...	Then
Eligible for Medicaid	Medicaid pays for the program (participant pays nothing)
Eligible for Medicare only	Participant pays the Medicaid portion plus Medicare Part D
Medicare and Medicaid eligible	Participant pays nothing.
Neither Medicaid nor Medicare eligible	Participant pays the self-pay rate.



How to Enroll

Please call Total Longterm Care and ask for enrollment. That individual will explain the program and how to enroll.

**For more information,
please call 303-869-4664.**



The Total Longterm Care main office is at:

200 E. Ninth Avenue • Denver, Colorado 80203

**Healthcare and Support
for Seniors at Home.®**

There are no hidden costs. Once a person is a member, the program covers all health care and support services. Members must pay for any resources used from outside the network. For members who have Medicare, the program will provide all Medicare covered services.

Day/Health Center Locations

Capitol Center
200 East Ninth Ave.
Denver, CO 80203
Phone: 303-894-0144
Fax: 303-894-0150

Cody Center – West
8405 West Alameda Ave.
Lakewood, CO 80226
Phone: 720-974-5400
Fax: 720-974-4992

Cody Center – East
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3551 North Chambers
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