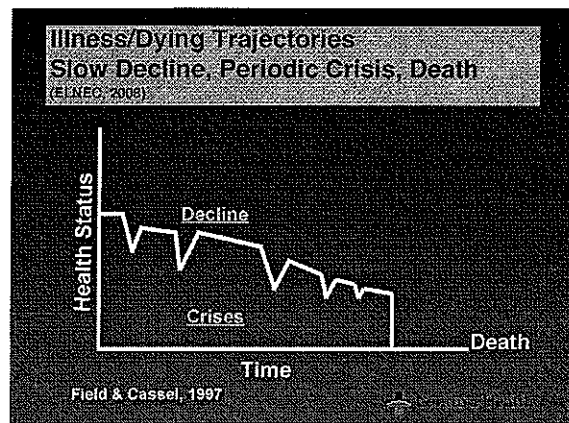
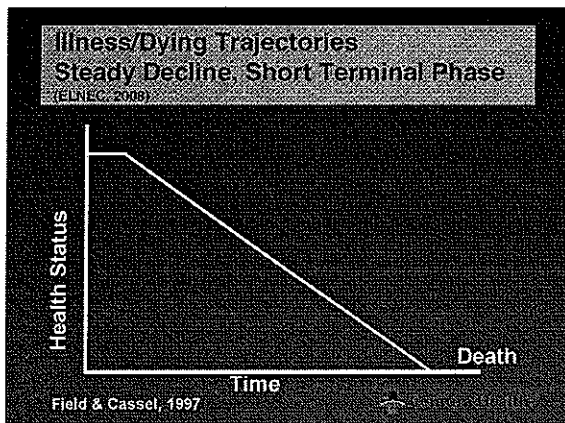
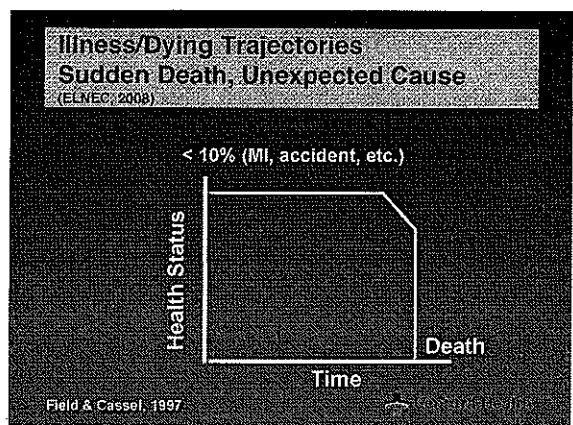
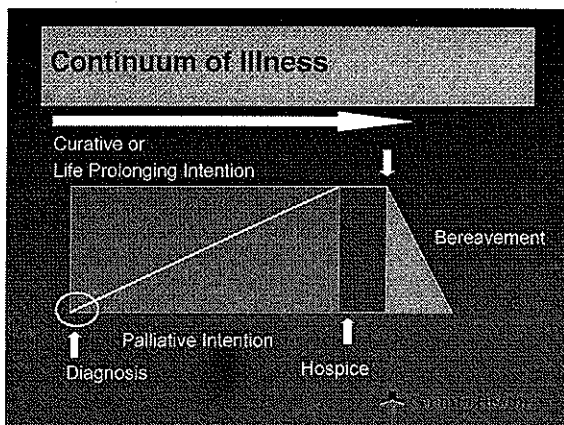


Hospital-provided Palliative Care

Sean M. Reed RN, MS, CNS, ACHPN
Palliative Care
Advanced Practice Nurse

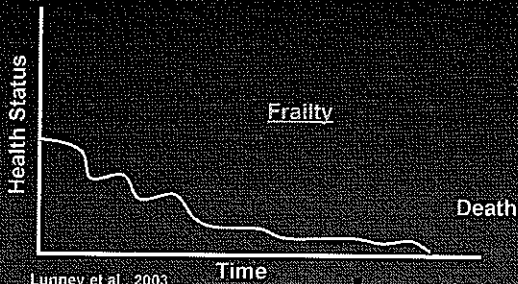
Objectives

- Describe palliative care and interventions in the hospital setting
- Compare four different dying trajectories
- Evaluate recent palliative care hospital based outcomes
- Describe national social movement strategies



Illness/Dying Trajectories Lingered, Expected Death

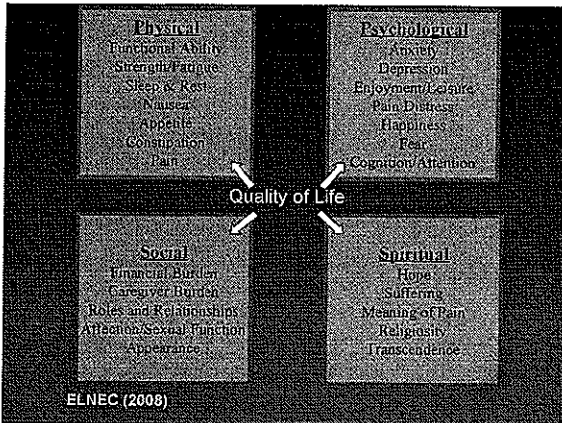
(ELNEC, 2010)



Lunney et al., 2003

Quality of Life

- Palliative care focuses on improving the patient's quality of life
- Defined by the patient and family
- Expressed through their wishes and goals



ELNEC (2008)

Palliative Care Team

- Advanced Practice Nurse
- Referring Physician
- Chaplain
- Social Worker
- Home Service Coordinator/Case Manager
- Medical Director
- Extends to other disciplines (pharmacist, PT, OT, ST, nutritionist etc.)

Palliative Care Team

- Provides consults and follow-up visits
- Meets daily to discuss current census
- Rounds daily in the ICU
- Integrated part of the daily hospital routine
- Coordinates care planning, symptom management

Palliative Care Interventions

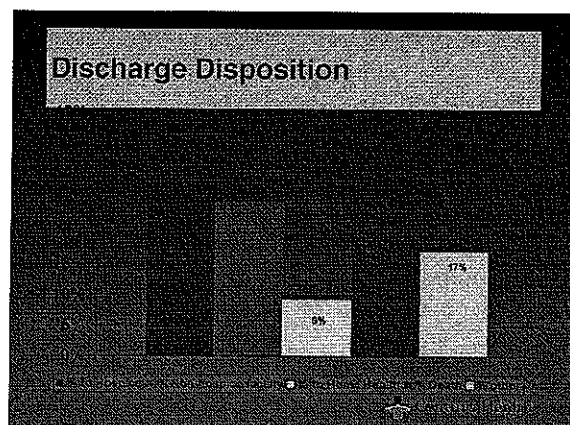
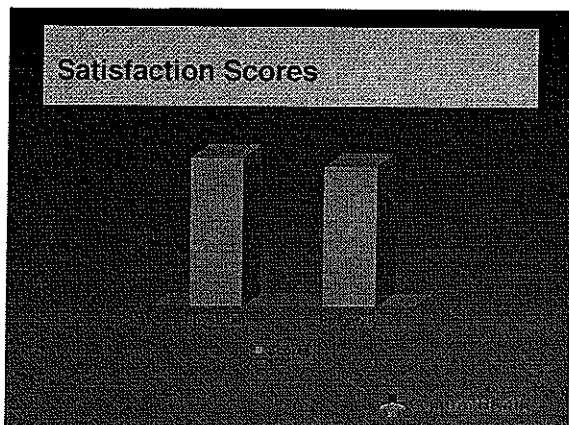
- Advanced Communications
 - Advanced Directives/Care Planning
 - Conflict resolution/Ethics
 - Anticipatory guidance
- End of Life Care (i.e. liberation from mechanical ventilation)
- Symptom Management
 - Pain, Breathlessness, Depression
- Spiritual / Cultural Support
- Bereavement Counseling
- Respite Guidance

Hospital Based Outcomes

- ### Financial Outcomes
- Retrospective Cost Analysis
 - Comparing cost before/after Palliative Care Interventions
 - Eleven Month Period
 - St. Anthony's Central Hospital
 - Porter Adventist Hospital
 - Littleton Adventist Hospital
 - Penrose St. Francis Hospital
 - St. Mary Conwin Hospital

- ### Top Referring Units
- #1 Intensive Care Units
 - #2 Medical/Cardiac Units
 - #3 Oncology Units

- ### Financial Outcomes
- Average Cost Savings Per Day: **21%**
 - Top Cost Saving Categories:
 - Room & Board 28%
 - Laboratory 14%
 - Imaging 13%
 - Pharmacy/Rx 12%
 - Surgery 12%
 - Supplies 12%



Evolving Cultural Shift

- End of Life Nursing Education Consortium (ELNEC) certified Registered Nurses
- Adaptation of Palliative and End-of-Life Care Education for all Associates
- Expansion in Palliative Care Services
 - Home Palliative Care Program
 - Outpatient Clinics
 - Hospice and Palliative Care Units
- Expanding Leadership Roles
- Advanced Practice Nurses
- Physician Education and Training

Social Movement

- Center to Advance Palliative Care (CAPC)
- Centers for Medicare and Medicaid Services
 - Recognizes palliative care as medical specialty
- National Consensus Project
 - National guidelines for palliative care services
- Joint Commission Accreditation
- National Quality Forum
 - One of six areas of focus
- Health Care Provider Board Certification
 - Medicine
 - Nursing
 - Social Work

Contact Information

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