HOUSE COMMITTEE OF REFERENCE REPORT

Chairman of Committee

February 11, 2010 Date

Committee on <u>Health and Human Services</u>.

After consideration on the merits, the Committee recommends the following:

<u>HB10-1160</u> be amended as follows, and as so amended, be referred to the Committee of the Whole with favorable recommendation:

Amend printed bill, page 2, line 2, strike "and (3) (d)," and substitute "(3)
 (d), and (5) (b),".

Page 2, line 3, strike "amended" and substitute "amended, and the said
10-16-136 is further amended BY THE ADDITION OF A NEW
SUBSECTION,".

6 Page 2, line 7, after "(b)" insert "(I)".

7 Page 2, line 9, strike "The".

8 Page 2, after line 9, insert:

9 "(II) LICENSED HEALTH CARE PROVIDERS, COMMUNITY-BASED 10 WELLNESS PROGRAMS, EMPLOYERS, AND INDIVIDUALS PARTICIPATING IN 11 AN INDIVIDUAL HEALTH COVERAGE PLAN MAY DEVELOP WELLNESS AND 12 PREVENTION PROGRAMS FOR CARRIERS TO CONSIDER IN DETERMINING THE 13 TYPES OF WELLNESS AND PREVENTION PROGRAMS TO OFFER UNDER A 14 HEALTH COVERAGE PLAN OR SMALL GROUP PLAN.

15 (III) The".

16 Page 2, line 10, after "rewards" insert "THAT A CARRIER MAY ALLOW

17 UNDER A HEALTH COVERAGE PLAN OR SMALL GROUP PLAN".

1 Page 2, strike line 13 and substitute:

2 "(IV) An incentive or reward offered by a carrier for participation
 3 in UNDER wellness".

- 4 Page 2, strike lines 15 and 16 and substitute:
- 5 "MAY BE:

6 (A) Tied ONLY to participation in the program; rather than 7 particular outcomes or results from such participation OR

- 8 (B) BASED ON SATISFACTION".
- 9 Page 2, line 17, after "HEALTH" insert "RISK".
- 10 Page 3, line 5, after "HEALTH" insert "RISK".
- 11 Page 3, line 11, after "HEALTH" insert "RISK".
- 12 Page 3, line 16, after "HEALTH" insert "RISK".
- 13 Page 3, after line 20 insert:

14 "(3.5) AN INCENTIVE OR REWARD BASED UPON SATISFACTION OF
15 A STANDARD RELATED TO A HEALTH RISK FACTOR MAY BE OFFERED OR
16 PROVIDED BY A CARRIER ONLY PURSUANT TO A BONA FIDE WELLNESS AND
17 PREVENTION PROGRAM AND IF THE FOLLOWING STANDARDS ARE MET:

18 (a) (I) THE INCENTIVE FOR THE WELLNESS AND PREVENTION 19 PROGRAM, TOGETHER WITH THE INCENTIVE FOR OTHER WELLNESS AND 20 PREVENTION PROGRAMS WITH RESPECT TO THE HEALTH COVERAGE PLAN 21 OR SMALL GROUP PLAN THAT REQUIRES SATISFACTION OF A STANDARD 22 RELATED TO A HEALTH RISK FACTOR, IS REASONABLY RELATED TO THE 23 PROGRAM AND DOES NOT EXCEED TWENTY PERCENT OF THE COST OF 24 EMPLOYEE-ONLY COVERAGE UNDER THE HEALTH COVERAGE OR SMALL 25 GROUP PLAN OR, IF AN EMPLOYEE'S DEPENDENTS ARE ALLOWED TO 26 PARTICIPATE IN THE PROGRAM, DOES NOT EXCEED TWENTY PERCENT OF 27 THE COST OF THE COVERAGE IN WHICH AN EMPLOYEE AND DEPENDENTS 28 ARE ENROLLED. AN EMPLOYER MAY ALSO RECEIVE AN INCENTIVE FOR

PARTICIPATION OF EMPLOYEES IN A WELLNESS AND PREVENTION PROGRAM
 AS LONG AS THE EMPLOYEES ARE ALLOWED AN INCENTIVE.

3 (II) FOR PURPOSES OF THIS PARAGRAPH (a), THE COST OF 4 COVERAGE IS DETERMINED BASED ON THE TOTAL AMOUNT OF EMPLOYER 5 AND EMPLOYEE CONTRIBUTIONS FOR THE BENEFIT PACKAGE UNDER WHICH 6 THE EMPLOYEE IS, OR THE EMPLOYEE AND ANY DEPENDENTS ARE, 7 RECEIVING COVERAGE.

8 (III) AN INCENTIVE MAY BE IN THE FORM OF A DISCOUNT OR 9 REBATE OF A PREMIUM OR CONTRIBUTION, A WAIVER OF ALL OR PART OF 10 A COST-SHARING MECHANISM, INCLUDING, BUT NOT LIMITED TO, 11 DEDUCTIBLES, COPAYMENTS, OR COINSURANCE, THE ABSENCE OF A 12 SURCHARGE, OR THE VALUE OF A BENEFIT THAT WOULD OTHERWISE NOT 13 BE PROVIDED UNDER THE HEALTH COVERAGE OR SMALL GROUP PLAN.

14 (b) THE WELLNESS AND PREVENTION PROGRAM:

(I) IS CONSISTENT WITH EVIDENCE-BASED RESEARCH AND BEST
 PRACTICES;

17 (II) HAS A REASONABLE LIKELIHOOD OF IMPROVING THE HEALTH
18 OF, OR PREVENTING DISEASE IN, PARTICIPATING INDIVIDUALS; AND

(III) IS NOT OVERLY BURDENSOME, A SUBTERFUGE FOR
DISCRIMINATING BASED ON A HEALTH FACTOR, OR HIGHLY SUSPECT IN THE
METHOD CHOSEN TO PROMOTE HEALTH OR PREVENT DISEASE.

(c) THE PROGRAM GIVES INDIVIDUALS ELIGIBLE FOR THE WELLNESS
AND PREVENTION PROGRAM THE OPPORTUNITY TO QUALIFY FOR THE
INCENTIVE UNDER THE PROGRAM UPON ENROLLMENT IN THE HEALTH
COVERAGE OR SMALL GROUP PLAN AND AT LEAST ONCE PER YEAR AFTER
ENROLLMENT.

(d) (I) THE FULL INCENTIVE UNDER THE WELLNESS AND
PREVENTION PROGRAM IS MADE AVAILABLE TO ALL SIMILARLY SITUATED
INDIVIDUALS. AN INCENTIVE IS NOT AVAILABLE TO ALL SIMILARLY
SITUATED INDIVIDUALS FOR A PERIOD UNLESS THE WELLNESS AND
PREVENTION PROGRAM ALLOWS AN INDIVIDUAL OR A LICENSED HEALTH
CARE PROVIDER CHOSEN BY THE INDIVIDUAL TO REQUEST:

HB1160_C.001

-3-

(A) A REASONABLE ALTERNATIVE STANDARD OR WAIVER OF THE
 OTHERWISE APPLICABLE STANDARD FOR OBTAINING THE INCENTIVE FOR
 THAT PERIOD IF IT IS UNREASONABLY DIFFICULT FOR THE INDIVIDUAL, DUE
 TO A MEDICAL CONDITION, TO SATISFY THE OTHERWISE APPLICABLE
 STANDARD; AND

6 (B) A REASONABLE ALTERNATIVE STANDARD OR WAIVER OF THE
7 OTHERWISE APPLICABLE STANDARD FOR OBTAINING THE INCENTIVE FOR
8 THAT PERIOD IF IT IS MEDICALLY INADVISABLE FOR THE INDIVIDUAL TO
9 ATTEMPT TO SATISFY THE OTHERWISE APPLICABLE STANDARD.

(II) IF AN INDIVIDUAL REQUESTS AND IS ALLOWED A REASONABLE
ALTERNATIVE STANDARD AND SATISFIES THAT STANDARD, THE
INDIVIDUAL SHALL RECEIVE THE FULL INCENTIVE UNDER THE PROGRAM
THAT IS AVAILABLE TO ALL SIMILARLY SITUATED INDIVIDUALS.

(III) THE DIVISION SHALL INVESTIGATE ANY COMPLAINT ALLEGING
AN UNREASONABLE DENIAL OF A REQUEST FOR AN ALTERNATIVE
STANDARD OR WAIVER OF A STANDARD THAT WOULD OTHERWISE BE
APPLICABLE TO AN INDIVIDUAL UNDER A WELLNESS AND PREVENTION
PROGRAM.

19 (IV) THE SMALL EMPLOYER CARRIER SHALL DISCLOSE, IN ALL PLAN 20 MATERIALS DESCRIBING THE TERMS OF THE WELLNESS AND PREVENTION 21 PROGRAM, THE AVAILABILITY OF A REASONABLE ALTERNATIVE STANDARD 22 OR THE POSSIBILITY OF WAIVER OF THE OTHERWISE APPLICABLE STANDARD 23 AS REQUIRED BY THIS PARAGRAPH (d). IF HEALTH COVERAGE OR SMALL 24 GROUP PLAN MATERIALS MENTION THE AVAILABILITY OF A WELLNESS AND 25 PREVENTION PROGRAM BUT DO NOT DESCRIBE THE TERMS OF THE 26 PROGRAM, THE SMALL EMPLOYER CARRIER IS NOT REQUIRED TO MAKE THE 27 DISCLOSURE OF AN ALTERNATIVE OR WAIVER PURSUANT TO THIS 28 SUBPARAGRAPH (IV).

(e) THE INCENTIVES ARE PROVIDED TO AN INDIVIDUAL BASED ON
A PROGRAM OR ACTIVITY THAT IS SCIENTIFICALLY PROVEN TO IMPROVE
HEALTH, AND THE CARRIER DOES NOT PROVIDE INCENTIVES BASED ON AN
INDIVIDUAL'S ACTUAL HEALTH STATUS.

(5) (b) The division shall determine the percentage of carriers
issuing individual health coverage plans or small group plans in the state
that offer wellness and prevention programs and shall provide that

HB1160_C.001

-4-

information and the information collected pursuant to paragraph (a) of
this subsection (5) to the health care task force created in section
10-16-221 BY JULY 1, 2015.

4 **SECTION 2.** 10-16-107 (6), Colorado Revised Statutes, is 5 amended to read:

6 10-16-107. Rate regulation - rules - approval of policy forms 7 - benefit certificates - evidences of coverage - benefits ratio -8 disclosures on treatment of intractable pain. (6) (a) A carrier offering 9 a group health benefit plan may not require any individual, as a condition 10 of enrollment or continued enrollment under the plan, to pay a premium or contribution that is greater than such THE premium or contribution for 11 12 a similarly situated individual enrolled in the plan on the basis of any 13 health status-related factor in relation to the individual or to an individual 14 enrolled under the plan as a dependent of the individual.

- (b) This THE prohibition IN PARAGRAPH (a) OF THIS SUBSECTION
 (6) shall not be construed to:
- (I) Restrict the amount that an employer may be charged forcoverage under a group health benefit plan; or to
- (II) Prevent a carrier from establishing premium discounts or
 rebates or modifying otherwise applicable copayments, coinsurance, or
 deductibles in return for:
- (A) Adherence to programs of health promotion and diseaseprevention if otherwise allowed by state or federal law; or for
- (B) Participation in a wellness and prevention program pursuant
 to section 10-16-136; OR
- 26 (C) SATISFACTION OF A STANDARD RELATED TO A HEALTH RISK
 27 FACTOR PURSUANT TO A WELLNESS AND PREVENTION PROGRAM
 28 AUTHORIZED IN SECTION 10-16-136.".
- 29 Renumber succeeding sections accordingly.
- 30 Page 4, line 4, after "plans" insert "and small group plans".

1 Page 1, line 103, after "HEALTH" insert "RISK".

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