

**Rory Donaldson**

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**From:** Kathi Patterson [kap3@pvhs.org]  
**Sent:** Friday, January 27, 2012 12:40 PM  
**To:** Rory Donaldson  
**Subject:** Testifying



Dear Rory,

I am an advanced practice nurse at Poudre Valley Hospital and have been coordinating and volunteering in a 9Health Fair Stroke Prevention booth in Loveland and Ft. Collins for the last 5 years. We have found the 9Health Fairs to be our single most efficient way (definition: reaching most number of individuals in the least amount of time) to educate the public on their risk factors for stroke, ways to prevent stroke, and the signs and symptoms of stroke. Prevention is the key in all areas of health maintenance and public health cost-savings, and the 9Health Fairs are a significant contribution to this effort/goal.

I may be available to testify, depending on the day and time if this would be of help.

Respectfully,

Kathi Patterson

Kathi Patterson MN, CNS-BC, CRRN  
Clinical Nurse Specialist  
Ortho-Neuro-Rehab  
Stroke Program Coordinator  
Poudre Valley Hospital  
Ft. Collins, Colorado  
970-495-7386

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## Rory Donaldson

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**From:** shagevik@comcast.net  
**Sent:** Thursday, January 19, 2012 5:09 PM  
**To:** Rory Donaldson  
**Subject:** I'm willing to testify

I'm a 71 year old healthy woman who skied competitively in high school and much later, with a DU employee team, and ran for 30 years. So, I was stunned to learn through my annual Channel 9 Health Fair check up that I am also a classic pre-diabetic.

Through the Health Fair I participated in a 6 month CU Medical School research on the nature of human fats involved in resistance to insulin. I've changed my diet, exercise more and keep regular records which I share with my physician, and am now managing and improving my health. Thank you Channel 9 Health Fair.

I'd be happy to give a 2 minute testification at your discretion.

Sandra Hagevik, Ph.D.  
Career Coach  
303 908 7187

## Rory Donaldson

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**From:** Robin Rosenberg [rosemountain@fairpoint.net]  
**Sent:** Thursday, January 19, 2012 5:51 PM  
**To:** Rory Donaldson  
**Subject:** testimonials

Hi Rory, I do not live in Denver, but in the San Luis Valley. I don't think I could make the hearing but if you need written testimony I would be very happy to write it up.

I have no insurance, my husband had just died, I weighed over 250 lbs. My Dr. said we needed to check on me. I ate very well, with moderate exercise only to continue to gain weight.

My Dr. recommended that I go to the health fair since I could not afford the blood tests on my own. We found out that I was very low on two thyroid hormones. My Dr. added that to my regimen and the weight started to come off. I am almost 60 lbs lighter, walking 3 - 4 miles a day and eating well. I hope to loose another 50 lbs by the end of summer.

I could not have had this success without the blood work. I had tried every diet known to man without success. Finding that I had a thyroid hormonal problem was key to getting my health back.

I would be happy to volunteer at the Saguache fair this coming spring.  
Thanks Robin Rosenberg  
71-588-5066

## Rory Donaldson

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**From:** cub1946@comcast.net  
**Sent:** Friday, January 20, 2012 7:04 AM  
**To:** Rory Donaldson  
**Subject:** Testimony At A State Legislative Hearing

Rory,

Would be glad to volunteer some time for this testimony.

In fact, I've attended in the North metro area for many years. Two years ago, during a Prostrate check @ Spirit Of Christ Church the Dr. found a small palup, I had it checked out further at a Urologist, and no further action was reccomended.

John Barrett, MAS  
Specialty Incentives, Inc.  
720-259-5393 (Work-Direct)

## Rory Donaldson

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**From:** Lorinda Riddle [lorindaannriddle@yahoo.com]  
**Sent:** Friday, January 20, 2012 8:12 AM  
**To:** Rory Donaldson  
**Subject:** Colorado Legislative hearing

Good morning,

My name is Lorinda Riddle and I have lived in Denver since 2006. When I moved here I expected to get a job with benefits but have found only part-time work. That means for the last six years I have been a 63 year old woman without any health benefits. 9News was a godsend as it gives my doctor all of my basic medical information -- complete blood count, pap test, etc. I think the 9News Health Fair is great service for the people of Colorado and has helped my doctor provide me with the necessary next steps in taking care of my health.

Unfortunately, I will be out the city from February 3 through February 12.

Lorinda Riddle  
720-384-5871

## Rory Donaldson

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**From:** Lee Zacha [lzacha@gmail.com]  
**Sent:** Friday, January 20, 2012 10:49 AM  
**To:** Rory Donaldson  
**Subject:** Colorado Tax Checkoff Program

Hi Rory,

I've been a 9 health care participant for several years since losing my job and my health care. Thank goodness! You referred me to tri county health, who in turn referred me to MCPN for medical services. I'd be happy to testify for you on behalf of my experiences with 9 health.

Please feel free to call me.

Lee Zacha  
303 547 8249

## Rory Donaldson

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**From:** Sharon Strasburg [strasburg@mac.com]  
**Sent:** Friday, January 20, 2012 3:37 PM  
**To:** Rory Donaldson  
**Subject:** testifying for 9Health Fair

I would be happy to testify for the 9Health Fair.

I am really grateful for this invaluable service and have gotten screenings for several years.

Thank you and if I can help out I'd be glad to do so.

I work part time and am available any time on Mon, Wed, or Friday.

## Rory Donaldson

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**From:** Donita Rafferty [donitarafferty4@gmail.com]  
**Sent:** Sunday, January 22, 2012 12:09 PM  
**To:** Rory Donaldson  
**Subject:** Testifying

I am willing to give testimony on behalf of the 9Health Fair. Through screening at more than one Health Fair I have been diagnosed with conditions that were not caught by my medical providers and resulted in treatment and lifestyle changes that prevented serious long term consequences.

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Donita L. Rafferty



## Rory Donaldson

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**From:** Melinda Hampton [africaboy66@live.com]  
**Sent:** Monday, January 23, 2012 10:54 AM  
**To:** Rory Donaldson  
**Subject:** Legislative Testimony

Rory,

I am unable to testify in Denver, as I live in Colorado Springs, but I wanted to take this opportunity to tell you how much 9HealthFairs mean to me. I have no medical insurance, so being able to check important blood numbers is very important to my piece of mind. While the lack of health insurance means that I don't get to see the doctor about many things that hurt, at least I have information, thanks to 9HealthFairs, about my blood chemistry that will enable me to seek medical care if necessary.

Thanks and keep up the good work!

Melinda Hampton  
719/686-4914