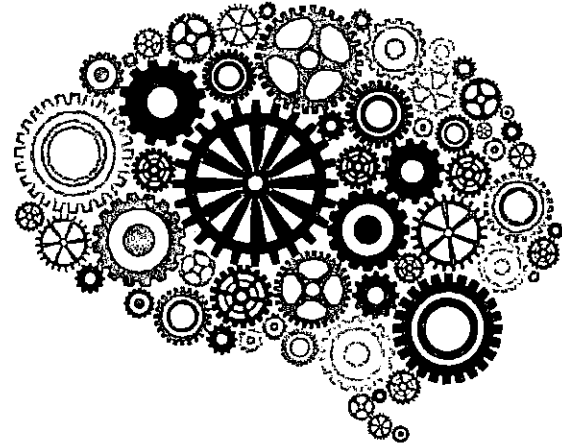


An outreach program serving middle and high schools in Tennessee.



83 Schools
23 counties
23,928 students (2014-2015)

Why is mental health for teens important?



- 6 students in every classroom will develop a mental health disorder.
- 50% of mental illnesses begin by age 14.
- Treatment delay (average = 10-12 years) can lead to:
 - School dropout
 - Suicide
 - Homelessness
 - Incarceration

The importance of prevention and early intervention



- MH101 helps prevent 133 teen suicide attempts annually.
- \$19,000 is saved in hospital costs and work loss per prevented suicide attempt.
- Knox County families save a total of \$2,527,000 annually.
- Prevention and early intervention programs for youth have the greatest long-term economic impact through:
 - Increased earnings
 - Decreased criminal activity
 - Decreased hospitalizations

Mental Health 101 works!

The youth suicide rate in counties served by Mental Health 101 has decreased 24% since 2003 while the youth suicide rate has increased 48% Tennessee-wide.

What the teachers are saying:

"We have used this program over the past several years and it is a valuable part of our mental health unit."

What teens are saying:

"I think someone close to me has mental health problems. I will tell my parents so we can have an intervention. I couldn't have done it without you."

"My younger brother has autism and has been dealing with bullying, to the point where he has thought about suicide. I can take this information and what I have researched and do everything I can to show him how much I love and care about him and to let him know he will always have me to talk to."

Outcomes	Pre-Test	Post-Test	Percent Change
Percent of students who can correctly identify signs of mental illness	34%	82%	137%
Percent of students who can correctly identify a warning sign of suicide	61%	88%	44%

Knox County High School Statistics

Students meeting depressive symptoms: ~~13%~~
 Students attempting suicide: ~~57%~~
 0 suicides among children under 18