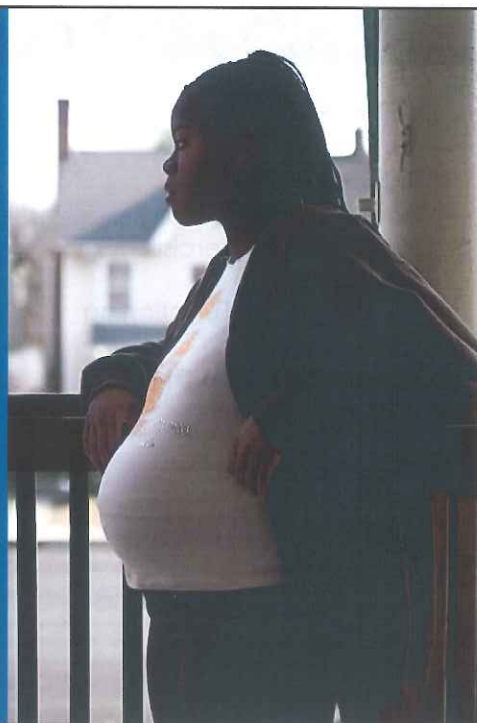


### Working Together to Ensure Healthier Families

Nurse-Family Partnership Overview

## Nurse-Family Partnership is...

- An evidence-based, community health nursing program
- Transforms lives of vulnerable first-time mothers living in poverty





### Program Goals

- Improve pregnancy outcomes
- Improve child health and development
- Improve parents' economic self-sufficiency

### Key Program Components

- First-time, at-risk mothers
- Registered nurses
- Intensive services (intensity, duration)
- Focus on behavior
- Program fidelity (performance management system)

### Why Nurses?

- Knowledge, judgment and skills
- High level of trust, low stigma
- Credibility and perceived authority
- Nursing theory and practice at core of original model



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### Home Visit Overview

#### Personal Health

Health Maintenance Practices  
 Nutrition and Exercise  
 Substance Use  
 Mental Health Functioning

#### Maternal Role

Mothering Role  
 Physical Care  
 Behavioral and Emotional Care

#### Environmental Health

Home  
 Work, School, and Neighborhood

#### Family and Friends

Personal network  
 Relationships  
 Assistance with Childcare

#### Life Course Development

Family Planning  
 Education and Livelihood

#### Health and Human Services

Service Utilization



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## Trials of the Program

Dr. Olds' research & development of NFP continues today...



**1977**

Elmira, NY

Participants: **400**

Population: **Low-income whites**

Studied: **Semi-rural area**



**1988**

Memphis, TN

Participants: **1,139**

Population: **Low-income blacks**

Studied: **Urban area**



**1994**

Denver, CO

Participants: **735**

Population: **Large portion of Hispanics**

Studied: **Nurse and paraprofessionals**

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## Nurse-Family Partnership Trial Outcomes

- 48% reduction in Child Abuse and Neglect
- 56% reduction in ER visits for accidents and poisonings
- 59% reduction in arrest of children age 15
- 67% reduction in behavioral and intellectual problems in children age 6
- 72% fewer conviction of mothers when children are age 15



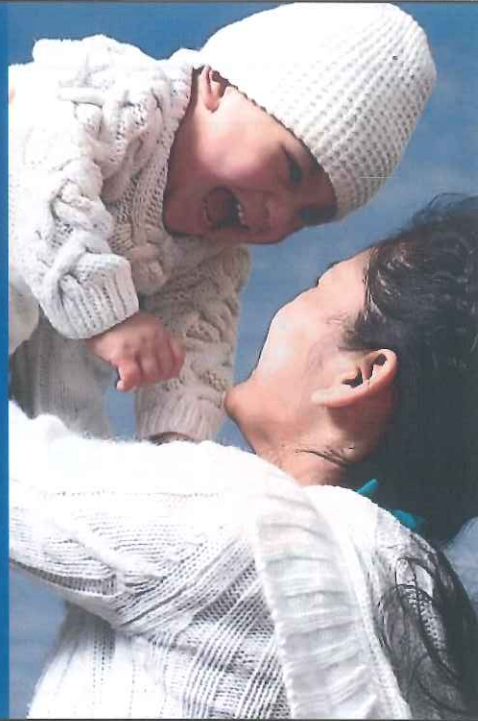


## Colorado Implementation: Public/Private Partnership

- **Colorado Department of Human Services, Office of Early Childhood:** Fiscal Agent
- **Invest in Kids**
- **NFP National Service Office**
- **University of Colorado Health Sciences Center:** Contract Manager

## Colorado NFP Results

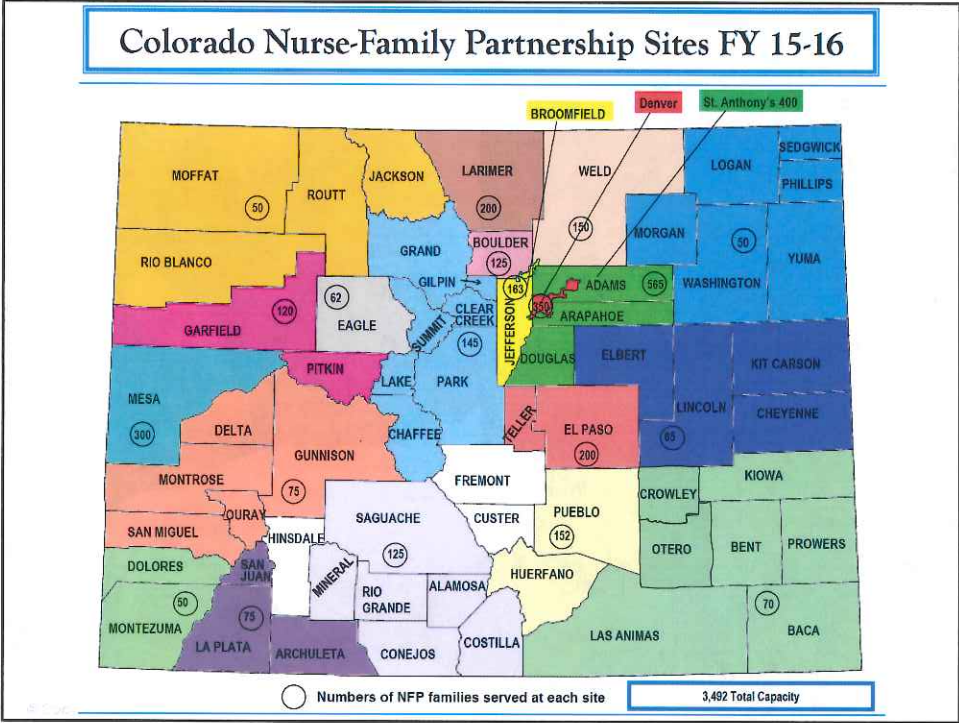
- **20,649** families served in Colorado since the program began
- **91%** of babies were born full term and 90% were born at a healthy weight- at or above (5.5 lbs.)
- **92%** breast feeding rate at birth
- **91%** of children received all recommended immunizations by 24 months (vs. 78% CO average)
- **21%** reduction in smoking during pregnancy
- **30%** reduction in alcohol use during pregnancy



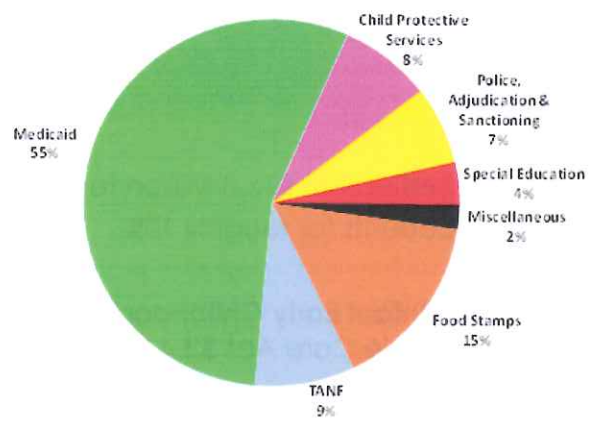
## Funding

- **Master Tobacco Settlement** \$15.8 Million for 2,792 clients
  - **Medicaid** accounts for roughly 10%
- **MIECHV: Maternal Infant Early Childhood Home Visitation** through the Affordable Care Act \$3.4 Million for 700 clients

## Colorado Nurse-Family Partnership Sites FY 15-16



### Government Cost Savings per Family Served by NFP in Colorado Total \$22,516 (Present Value at a 3% Discount Rate)



**When Nurse-Family Partnership (NFP) serves a family in Colorado, state, local, and Federal governments all benefit.**

## Nurse-Family Partnership is Endorsed as a Model Program by

Coalition for Evidence-Based Policy  
A Project Sponsored by *Evidence*  
IN GOVERNMENT



Washington State  
Institute for  
Public Policy

World Health  
Organization



Promising  
Practices  
Network  
on Children, Families  
and Communities



Office of Juvenile  
Justice & Delinquency  
Prevention



PARTNERSHIP FOR AMERICA'S  
ECONOMIC SUCCESS



National Institute on  
Early Education  
Research

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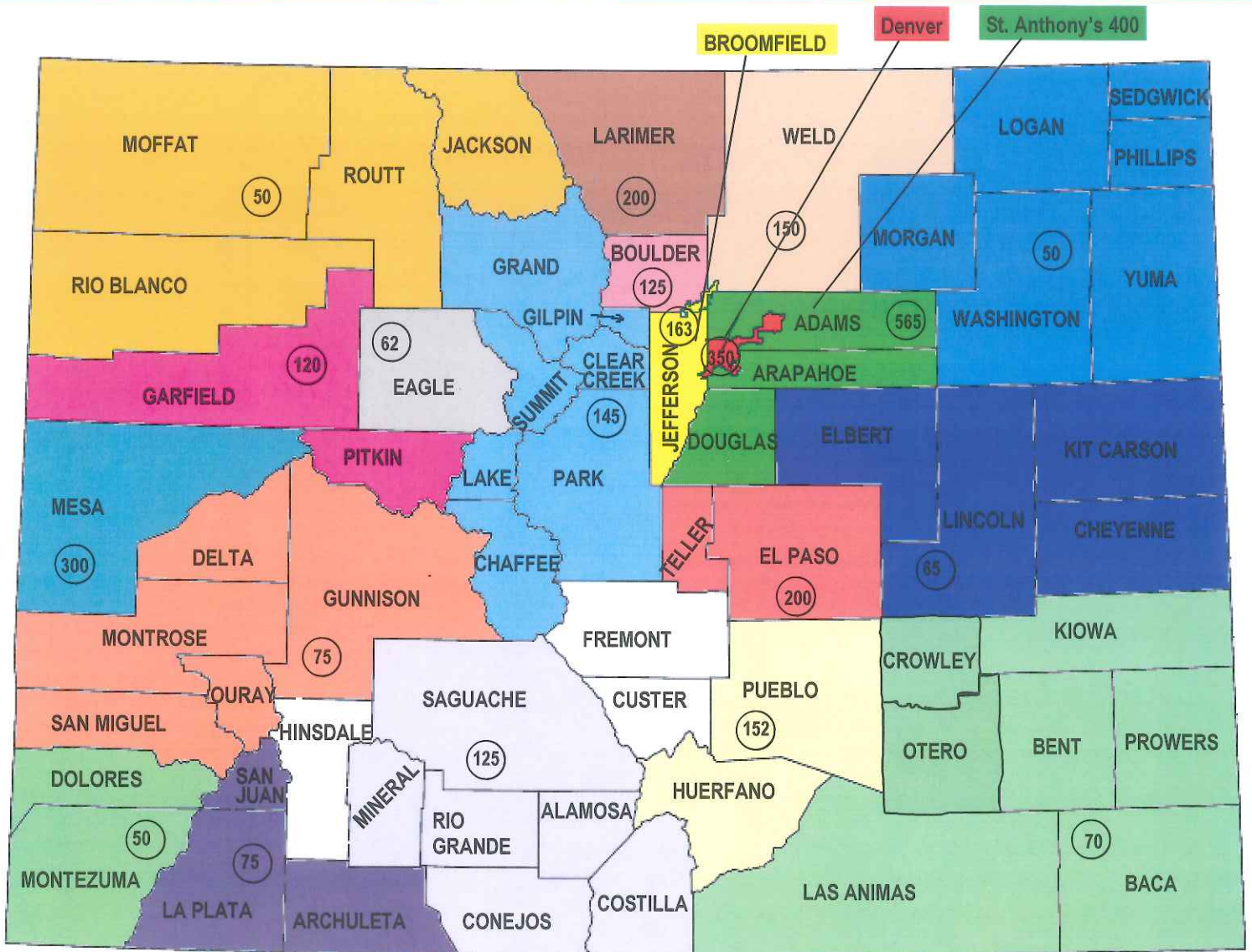
### For More Information

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**Executive Director, Invest in Kids**  
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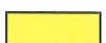















# Colorado Nurse-Family Partnership Sites FY 15-16



○ Numbers of NFP families served at each site

**3,492 Total Capacity**

- |                                                                                                                                                                 |                                                                                                                                                                                                |                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  San Juan NFP<br>(San Juan Basin Health Department through Healthy Kids)      |  Larimer County NFP<br>(Larimer County Department of Public Health and Environment)                         |  Pueblo/Huerfano Counties NFP<br>(Pueblo Community Health Center)                   |
|  Mesa County NFP<br>(Mesa County Department of Public Health and Environment) |  Boulder County NFP<br>(Boulder County Health Dept.)                                                        |  El Paso County NFP<br>(El Paso County Department of Public Health and Environment) |
|  Region 10 NFP<br>(Montrose County Dept. of Health and Human Services)        |  Jefferson/Broomfield Counties NFP<br>(Jefferson County Health Dept. through Partners for Healthy Families) |  Southeast Colorado NFP<br>(Prowers County Nursing Service)                         |
|  Northwest NFP<br>(Northwest Colorado Visiting Nurse Association)             |  Adams NFP (Tri-County Health and St. Anthony's)<br>Arapahoe/Douglas NFP (Tri-County)                       |  Family Visitor NFP<br>(only Basalt/Ei Jebel area of Eagle County is served)        |
|  San Luis Valley NFP<br>(Valley-Wide Health Services, Inc.)                   |  Denver County NFP<br>(Denver Health)                                                                       |  Eagle County NFP (Eagle County Health and Human Services)                          |
|  Intermountain NFP<br>(Summit County Nursing Service)                         |  Weld County NFP<br>(Weld County Department of Public Health and Environment)                               |  Northeast NFP<br>(Regional Home Visitation Program and Baby Bear Hugs)             |
|  Montelores NFP<br>(Montezuma County Health Dept.)                            |  Kit Carson NFP<br>(Kit Carson Health and Human Services)                                                   |  Non-funded                                                                         |

