Getting to Know STIRRT Continuing Care

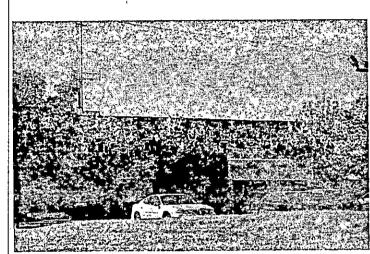
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What is STIRRT?

Short Term Intensive Residential Remedial Treatment

About

Programs

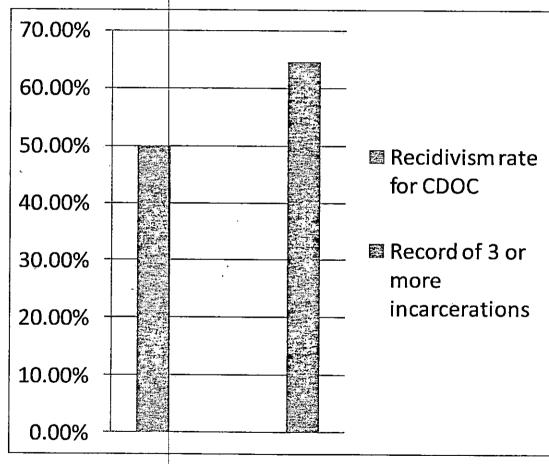


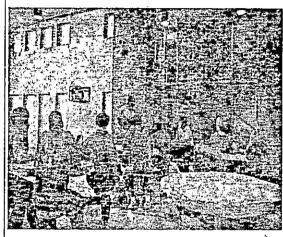
Referral Process

Funding Sources



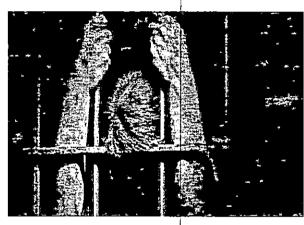
Recidivism Statistics



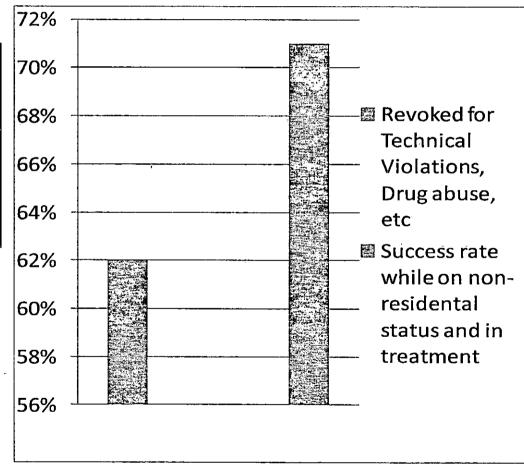


Annual State
Report Fiscal
Year 2013
Division of
Criminal
Justice
Colorado
Department
of safety 2013

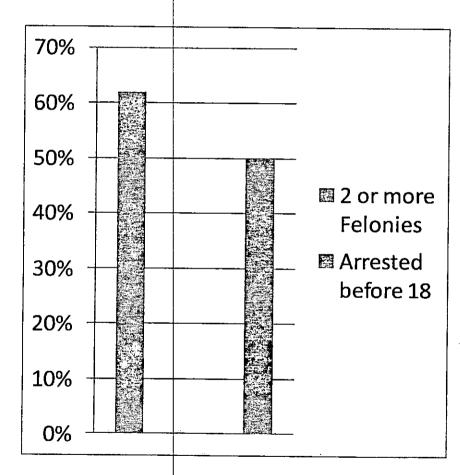
Treatment vs. Incarceration Statistics



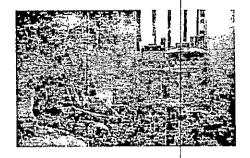
Annual State Report Fiscal Year 2013 Division of Criminal Justice Colorado Department of safety 2013



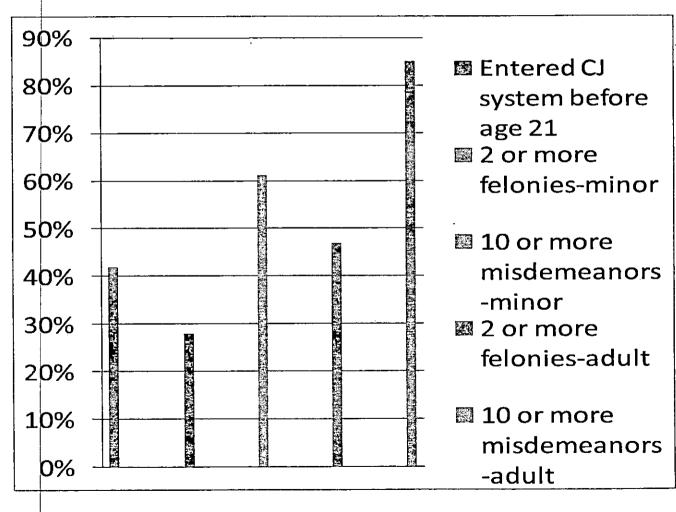
STIRRT CC Clients



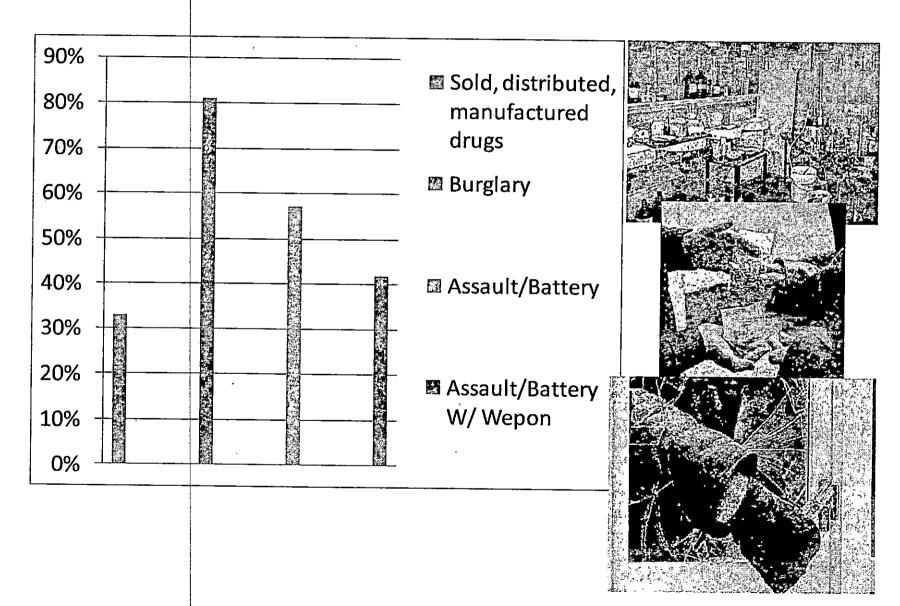




Legal (males)

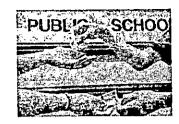


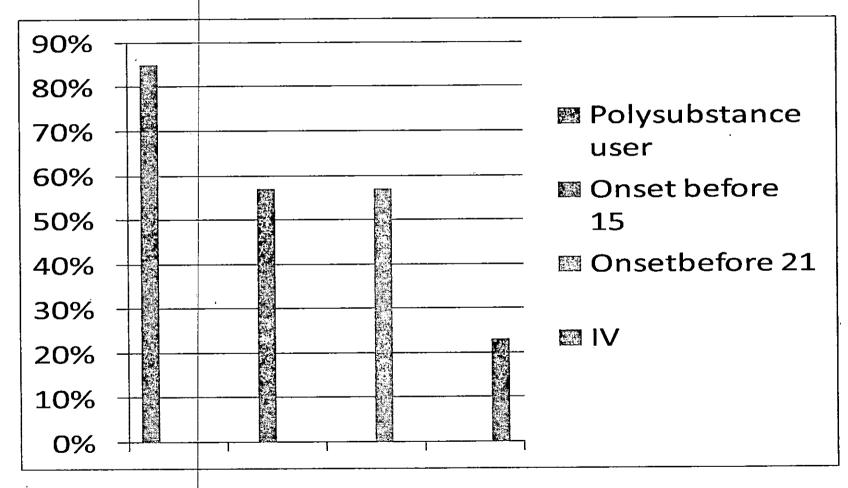
Crimes as Adults (males)

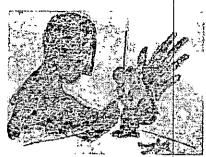




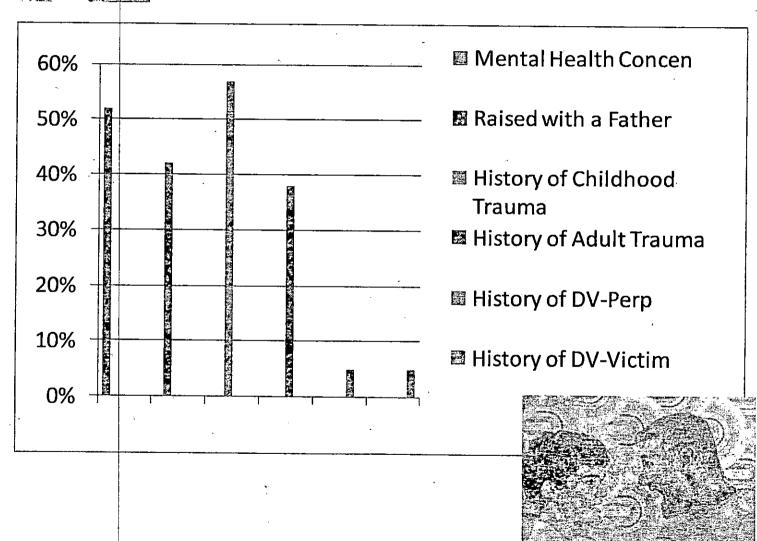
AOD (males)



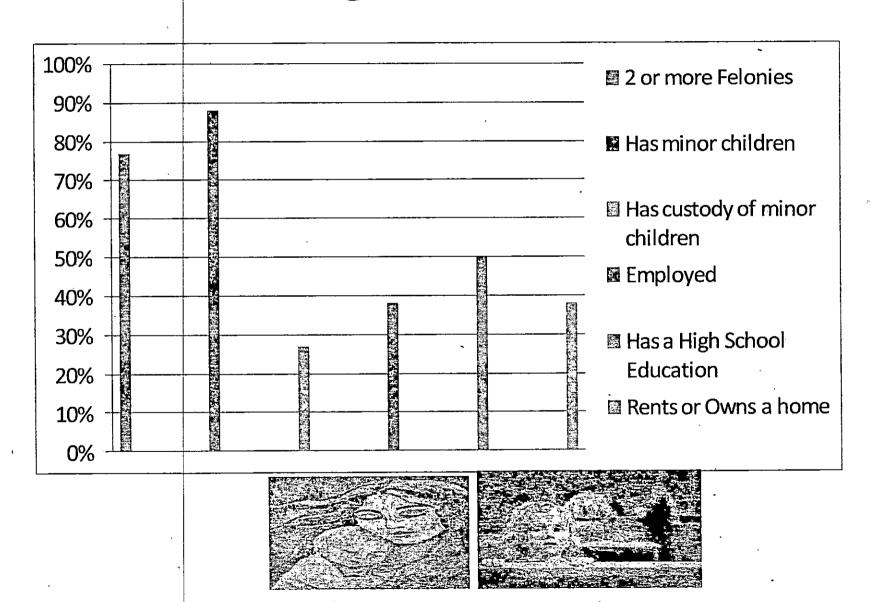




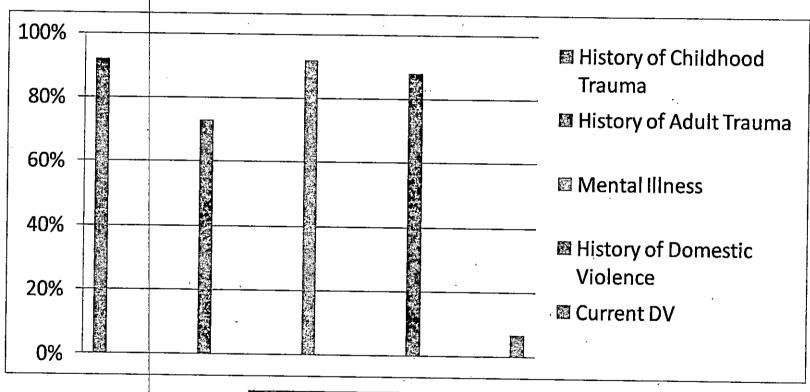
Mental Health (males)



Case Management Needs (females)



Mental Health and Trauma Statistics (females)







"What Works and What Doesn't" Dr. Edward Latessa

#1 The RISK Principle (WHO)

Most intensive structured treatment & intervention programs are for offenders who:

- 1). Pose a higher risk of continued criminal conduct.
 - 2). Have a higher probability of recidivating.

Placing lower-risk offenders in high risk offender programs:

- 1). Often increases failure rates
 - 2). Tends to disrupt prosocial networks

#2 The <u>NEED</u> Principle (WHAT)

THE BIG FOUR:



THE REST:



- 1. Antisocial attitudes
- 2. Procriminal associates
- 3. Temperamental & antisocial personality patterns
- 4. History of antisocial behavior

- 5. Familial factors
- 6. Personal, educational, vocational or financial achievement
- 7. Prosocial leisure activities
- 8. Substance abuse

#3 The Treatment Principle (HOW)

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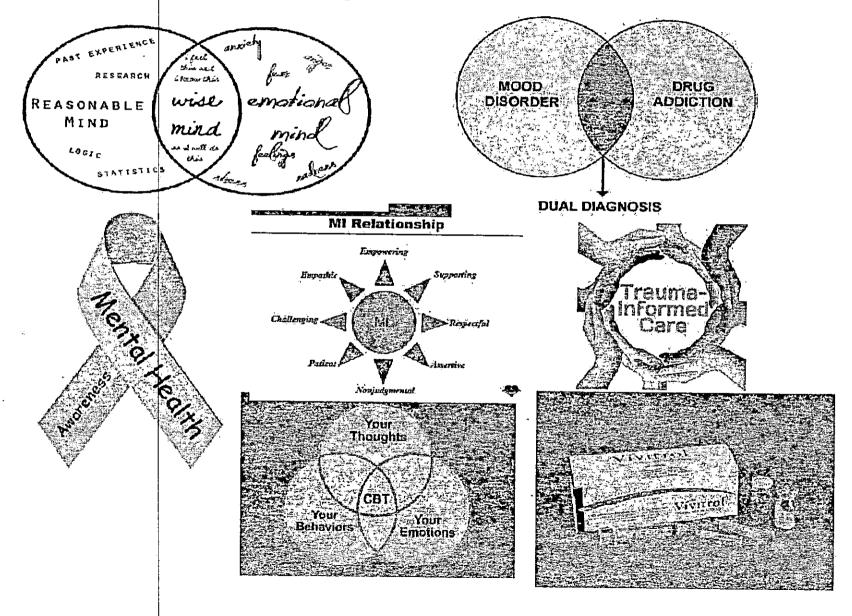
Most Effective:

- Behavioral
- Present circumstances
- Risk factors
- Action vs. talk oriented
- Structured
- Modeling/behavioral rehearsal
- Engender self-efficacy
- Challenge of cognitive distortions
- Problem-solving & self-control skills

Done through:

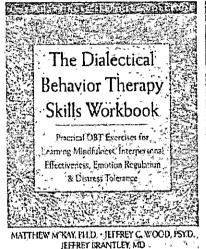
- Structured social learning programs
- Cognitive behavioral programs
- Family-based interventions

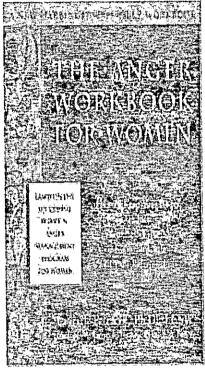
Therapeutic Tools



Additional Curriculum











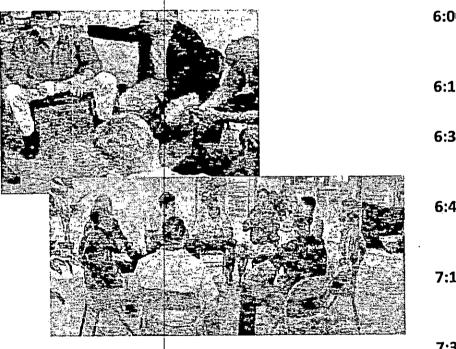
STIRRT Curriculum



The Group Process

Support, Encouragement,
 Challenge, Skills Practice

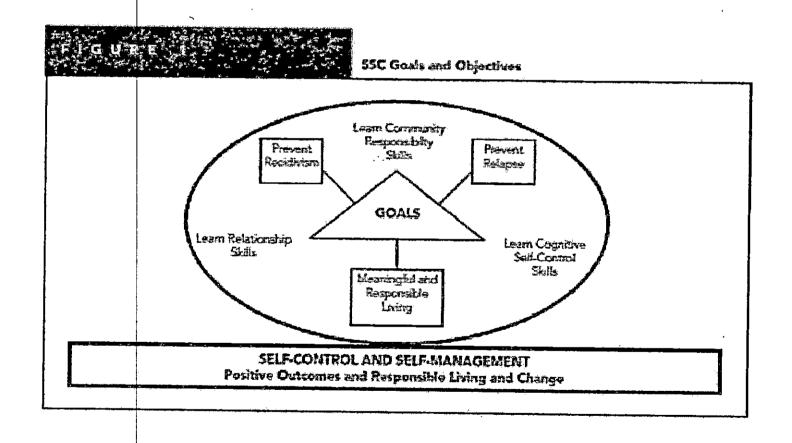




| 6:00-6:10 | TAP Charts & Master Assessment Plans |
|-----------|--|
| 6:10-6:30 | Client Check in |
| 6:30-6:45 | Review last group & today's SSC curriculum |
| 6:45-7:10 | Small Group Skills Practice |
| 7:10-7:30 | Large Group Discussions |
| 7:30-8:00 | Client Check Outs |

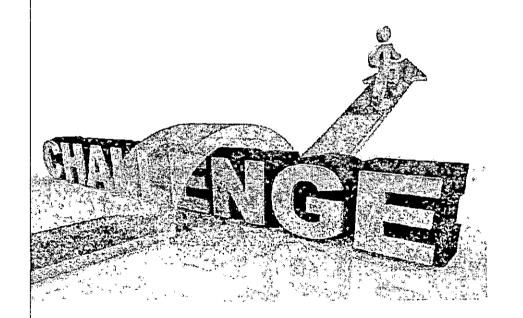
& Take Away's

Self-Control & Self-Management



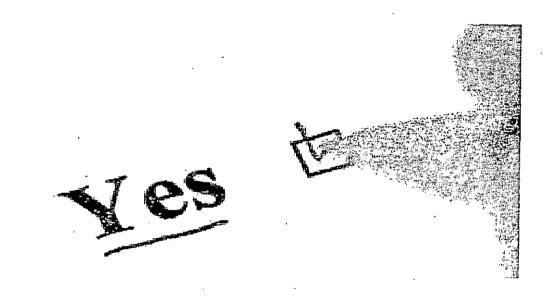
S\$C: 3 Treatment Phases

Phase I - Challenge to Change



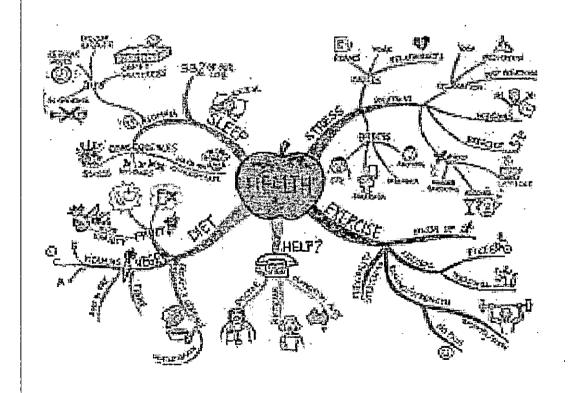
SSC: 3 Treatment Phases

Phase II - Commitment to Change



S\$C: 3 Treatment Phases

Phase III - Taking Ownership of Change



Summary

- Questions
- Observations
- Input
- Suggestions

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