


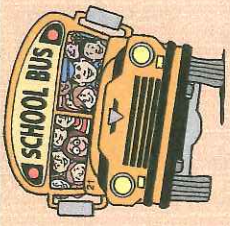


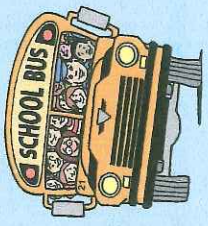

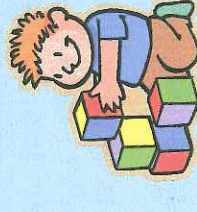
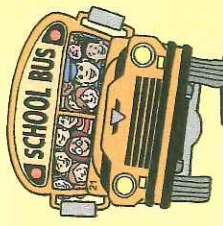




Program	Prioritized Outcome Areas			Differentiating Features
<p>Nurse-Family Partnership</p>	 <p>Maternal health</p>	 <p>Child health</p>	 <p>Economic self-sufficiency</p>	<ul style="list-style-type: none"> Serves first-time, pregnant, low-income mothers. Home visitors are registered nurses who tailor program and activities to individual clients' needs. Found to also reduce child abuse and neglect, criminal activity, and welfare use; and improve birth outcomes. Tested through three randomized, controlled trials.
<p>Parents as Teachers</p>	 <p>School readiness</p>	 <p>Child health</p>	 <p>Parenting skills</p>	<ul style="list-style-type: none"> Parents of any age with one or more children can receive services prenatal to kindergarten. Parent Educators' backgrounds respond to cultural and structural needs of diverse families. Multiple program components ensure families gain & share knowledge while practicing new skills.
<p>Parent-Child Home Program</p>	 <p>School readiness</p>	 <p>Parenting Skills</p>	 <p>Child development</p>	<ul style="list-style-type: none"> Serves immigrant and refugee families in their home language Provides gifts of books and educational toys 85%+ retention rate for full 2 years Increased high school graduation
<p>Home-Based Early Head Start</p>	 <p>School readiness</p>	 <p>Parenting Skills</p>	 <p>Economic self-sufficiency</p>	<ul style="list-style-type: none"> Comprehensive team approach (health, mental health, special needs, family services, nutrition) At least 10% of children have special needs School readiness goals aligned with preschool & school districts

For additional information, contact:

- Nurse-Family Partnership: Lauren Platt Lauren.Platt@nursefamilypartnership.org
- Parents as Teachers: Linda Clark LClark@parenttrust.org
- Parent-Child Home Program: Nancy Ashley nancyashley@heliotropeseattle.com
- Early Head Start: Julianne Crevatin julianne.crevatin@acf.hhs.gov

For local program information, contact:

Washington State

Evidence-Based Home Visiting Portfolio: Model Similarities and Differences

The first five years of life are crucial to good development for every child. Without a solid foundation, many children face lasting disadvantages when it comes to brain development, school readiness, and physical and mental health.

Home visiting programs are an important component of a comprehensive state early childhood system. These voluntary programs support vulnerable expectant families and parents of young children in building the knowledge and capacity to nurture their children's healthy development and keep them safe. Yet Washington currently serves 11% or less of families needing this support.

By reaching families in the home environment, providers serve otherwise hard-to-reach families.

Each model serves a different age range and emphasizes activities that lead to a different mix of outcomes. Families are matched with the model that best meets their needs and eligibility criteria, often through referrals among home visiting providers.

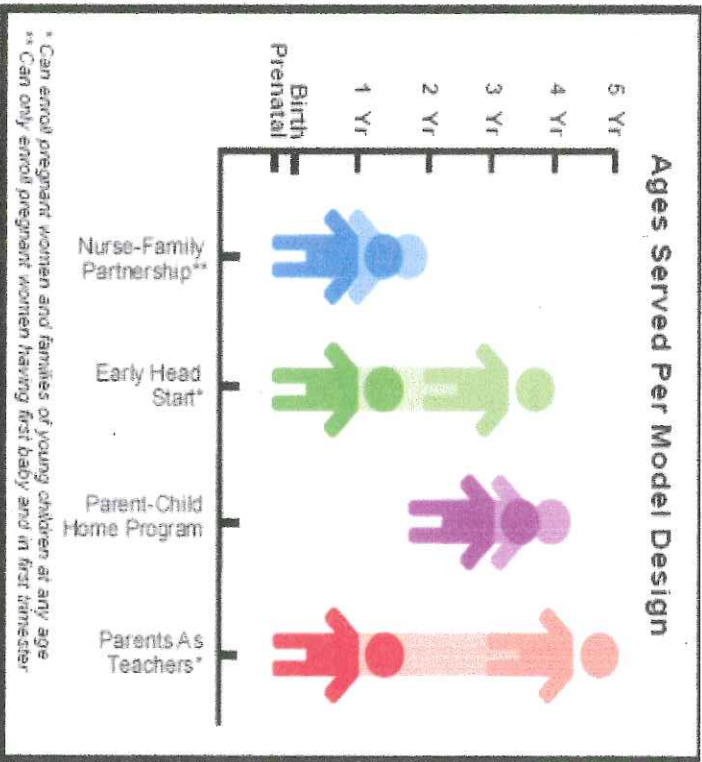
Four national models identified as evidence-based are operating in our state.¹ Other national models have a presence here, as do several promising programs.

Most home visiting programs **provide families with information, skills, and linkages to other services** offered in the community.

Early childhood home visiting programs connect expectant parents and parents of young children with trained staff who visit the family's home on a regular basis to:

- Teach or model parenting skills to help parents set realistic expectations for children's behavior.
- Increase parental knowledge of child development and possible developmental and health issues.
- Help parents provide a stable and nurturing environment that prepares children for success in school and life.

Home Visiting Works!



¹ By Washington State Council for Children & Families, federal HRSA, or both.